**Mohawk Valley Community College**

**Utica and Rome, New York**

**Course Outline**

**AS208 – Treatment of Pathological Gambling**

**C‑4, Cr‑4**

**Course Description**

This course presents a basic understanding of pathological gambling and the treatment of those adversely affected by problem gambling. This impulse control disorder is compared and contrasted with Substance Abuse and Alcoholism. This course fulfills requirements of the NYS Office of Alcoholism and Substance Abuse Services for CASAC credentialing.

Prerequisite: A grade of C or better in AS201 – Introduction to Alcoholism/Substance Abuse Counseling

**Student Learning Outcomes:**

Upon completion the student will be able to:

1. Discuss the three phases of pathological gambling.
2. Explain the diagnostic criteria for pathological gambling.
3. Demonstrate the ability to assess for gambling problems.
4. Assess gamblers for suicide risk and develop safety contracts.
5. Compare and contrast pathological gambling, substance abuse, and alcoholism.
6. Demonstrate the ability to write treatment plans (goals/objectives).
7. Demonstrate knowledge of relapse prevention as applied to pathological gambling (e.g. discharge plans).
8. Discuss the mainstream approaches to treating problem gambling.
9. Compare and contrast treatment services for gamblers and services for their family/significant others.
10. Utilize evidence based prevention techniques to address problem gambling.
11. Develop risk reduction prevention service plans.
12. Demonstrate the ability to assess for stages of recovery that gamblers encounter.
13. Demonstrate techniques to assist gamblers and families with restitution planning.
14. Apply ethical standards to case studies.
15. Compare and contrast treatment with special populations and culturally diverse persons.
16. Compare and contrast legal and social issues related to legalization of gambling in United States.

**AS208 Major Topics**

Overview and history of gambling

Assessing gambling behavior

Diagnosing gambling behavior

Problem verses pathological

Stages of change model

Similarities and differences of gambling verses substance abuse disorders

Gambling screening tools

Gambling and special populations

Impact on family

Intervention

Treatment and recovery for gambler and family

Self-help

OASAS credentialing