MOHAWK VALLEY COMMUNITY COLLEGE, UTICA-ROME, NY

Sports Medicine

COURSE OUTLINE

1. COURSE DESCRIPTION:

**AT201 Sports Medicine Practicum I**  C-0, P-3, Cr-1

This 15-week practicum provides experience in an athletic training room setting. It includes attending home contests, preparing teams for practices and games, taping student-athletes, assisting with rehabilitation programs, and other duties as determined appropriate by the supervising Athletic Trainer.

**Prerequisites:** AT101 Introduction to Sports Medicine

1. STUDENT LEARNING OUTCOMES

**Upon completion of this course the student will be able to:**

1. The student will be able to demonstrate home event procedures (set-up, game prep, and take down.)
2. The student will demonstrate an understanding of pre-participation physicals.
3. The students will be able to tape athletes for practices.
4. The students will be able to prepare teams and first aid kits for away contests.
5. The student will be able to perform day-to-day training room tasks.
6. The student will be able to perform injury evaluations on athletes in the Athletic training room.
7. MAJOR TOPICS:
8. NJCAA Eligibility and how it pertains to the sports medicine staff.
9. Away Contest Protocol
10. Injury recording protocol
11. Record keeping in the athletic training room.
12. Practice preparation & time management in the athletic training room
13. Rehabilitation protocols
14. Game management as it pertains to the sports medicine staff.
15. Emergency action plans for each venue covered by the MVCC Sports Medicine staff.