MOHAWK VALLEY COMMUNITY COLLEGE, UTICA-ROME, NY

Sports Medicine

COURSE OUTLINE

1. COURSE DESCRIPTION:

**AT202 Sports Medicine Practicum II**  C-0, P-3, Cr-1

This second 15-week practicum provides further hands-on experience in the athletic training room setting. It includes attending home games and taping student-athletes as well as designing and overseeing rehabilitation programs under the supervision of the Athletic Trainer. The primary responsibility is for one contact sports team.

**Prerequisites:** AT201 Sports Medicine Practicum 1

1. STUDENT LEARNING OUTCOMES

**Upon completion of this course the student will be able to:**

1. The student will be able to enter injury and treatment data into the injury software program.
2. The student will be able to guide an athlete through an ankle rehabilitation program.
3. The student will begin to perform on-the-field injury evaluations with the help of the certified athletic trainer.
4. The student will be able to guide an athlete through basic injury rehabilitation programs.
5. The student will be able to follow the guidelines for setting up an athlete with a therapeutic modality (heat, ultrasound, electric stim.)
6. The student will be able to cover practice from start to finish independently.
7. MAJOR TOPICS:
8. Record keeping in the athletic training room.
9. Practice preparation & time management in the athletic training room
10. Rehabilitation protocols
11. Game management as it pertains to the sports medicine staff.
12. Emergency action plans for each venue covered by the MVCC Sports Medicine staff.