**MOHAWK VALLEY COMMUNITY COLLEGE, UTICA-ROME, NY**

**SCHOOL OF HEALTH SCIENCES**

**COURSE OUTLINE**

**NU103 – Nursing 2B**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Total Credit Hours** | **Didactic Credit Hours** | **Didactic Contact Hours** | **Lab Credit Hours** | **Lab Contact Hours** | **Clinical Credit Hours** | **Clinical Contact Hours.** |
| **4** | **2** | **2** |  |  | **2** | **4** |

**COURSE-SPECIFIC PREREQUISITES/CO-REQUISITES**

**Prerequisites**

* NU101 Nursing 1 (with a minimum grade of 75)
* NU111 Nursing 1 Pharmacotherapeutics (with a minimum grade of 75)
* BI216 Human Anatomy & Physiology 1 (with a minimum grade of 70)

**Corequisites**

* BI217 Human Anatomy & Physiology 2

**COURSE DESCRIPTION**

This course addresses the foundations of mental health and psychiatric nursing. It examines threats to the basic psychological needs of security, love and belonging, self-esteem, and self-actualization throughout the life cycle. The nursing process, Maslow's Hierarchy of Needs theory, and critical thinking are integrated to meet the needs of the client experiencing a disruption in mental health. Interpersonal relationships between the nurse and client are emphasized as a therapeutic modality. Clinical practicums are provided in mental health and psychiatric settings when possible, but alternate clinical settings offering similar clinical experiences may be necessary.

**COURSE OBJECTIVES/OUTCOMES**

Upon successful completion of the NU103 course, the student will:

1. Demonstrate principles of teamwork and collaboration as part of the interdisciplinary treatment team when interacting with clients, families, members of the health care team, peers, and faculty/staff in the psychiatric/mental health setting.
2. Discuss the mechanisms related to stress and adaptation involved in maintaining psychological homeostasis related to the client’s individual situation, life cycle development, personal relationships, and spiritual and cultural preferences.
3. Apply ethical, legal and professional standards in nursing practice.
4. Prepare a nursing ATI template for the client experiencing disturbances in cognition and mental health.
5. Illustrate the principles of teaching/learning in relation to the promotion of psychological/mental health.
6. Demonstrate increased self-awareness and self-acceptance as a result of the use of effective and therapeutic communication techniques and nurse-client relationship.
7. Describe the pharmacotherapeutic effects and nursing implications of commonly prescribed psychotropic medications.
8. Promote an environment of safe and quality care for clients in the clinical mental health setting.
9. Identify the use of nursing science, evidence-based practice and information technology to inform nursing practice

**METHODS OF EVALUATION (including information regarding how each contributes to the overall course grade)**

The course outcomes will be evaluated based on the following methods:

* Exam 1 – 40 questions – 20%
* Exam 2 – 50 questions – 24%
* Exam 3 – 40 questions – 20%
* Comprehensive Final Exam – 50 questions - 26%
* ATI RN Mental Health series – 10%
* Dosage Calculation Test – Pass/Fail (must achieve ≥80%)
* Group teaching project – Pass/Fail (must achieve 75% per rubric)
* Lab – Pass/Fail
* Clinical – Pass/Fail (must achieve ≥75%)
* Community Events – Pass/Fail

A passing grade for the NU103 course is dependent on satisfactory completion of all course requirements.

**TOPICAL OUTLINE FOR COURSE CONTENT**

* Basic Mental Health Nursing Concepts, including Legal and Ethical Issues
* Traditional Nonpharmacological Therapies, including group and family therapies, brain stimulation therapies
* Disorders, including anxiety, depression, substance abuse, somatic symptom and related disorders and more
* Medications for Disorders
* Specific Populations, including clients who are dying and/or grieving
* Psychiatric emergencies such as suicide, anger management, sexual assault and more.

The Associate in Applied Science (AAS) Nursing Program at Mohawk Valley Community College at the Utica Campus, located in Utica, New York, is accredited by: Accreditation Commission for Education in Nursing (ACEN) (3390 Peachtree Road, NE, Suite 1400, Atlanta, Georgia 30326. Telephone: 404-975-5000, Fax: 404-975-5020, website: www.acenursing.org, email: [info@acenursing.org](mailto:info@acenursing.org)),  The most recent accreditation decision made by the ACEN Board of Commissioners for the Associate in Applied Science (A.S.S.) degree nursing program is Continuing Accreditation.  The nursing program is registered by the New York State Education Department, Office of the Professions.