Mohawk Valley Community College

Utica & Rome, New York

Course Outline

**PE 140 - Introduction to Sports Officiating**

Credits: 2 PE Elective class

**Course Description:** This course provides students with an in-depth study of sports officiating and allows students to learn and develop the skills necessary to become a certified sports official. Topics include proper fitness and health; professional communication; creating a positive rapport with coaches, players, and game personnel; handling conflicts that arise; proper game management and safety/health protocols; rules and application of the sport games; and how to connect/join with local community agencies to become a certified official. The following sports will be included: soccer, basketball, baseball/softball, men's lacrosse and women's lacrosse.

**Student outcomes:**

1. Students will be able to identify the skills and steps necessary to become a certified sports official.
2. Students will be able to recognize and exhibit how proper fitness and health can have a positive impact on officials.
3. Students will be able to recognize how professional communication can impact sports games and contests.
4. Students will be able to distinguish ways to create a positive rapport with coaches, players and fans.
5. Students will be able to comprehend how to handle and de-escalate conflicts that arise during contests.
6. Students will be able to recognize proper game management and protocol for athletic contests, keeping in mind health and safety of all participants.
7. Students will be able to evaluate whether the life skill of becoming a certified official would be a viable option individually for them.
8. Students will be able to identify the rules and applications of the following sport games: soccer, basketball, baseball/softball, men’s lacrosse, and women’s lacrosse
9. Students will be able to demonstrate an understanding of how to connect with local sports agencies/boards to become a certified official.

**EVALUTION:**

Attendance/daily assignments 20%

Qualities of an Official 10%

Interview presentation 10%

Professional Communication 10%

Game Management 10%

How to become an official 10%

NFHS Certifications 30%

100%

**COURSE OUTLINE**

Introductory Concepts

1. What is officiating?

Background of officiating

Why officiating is imperative to sports.

History of officiating.

Skills for an effective official.

Steps to become a certified sports official.

1. Exhibit proper fitness

Health as a positive impact on officials.

1. Professional communication

Applications of communication/rules.

Duties of officials

1. Create a positive rapport with:

Coaches

Players

Fans.

1. How to handle and de-escalate conflicts that arise during contests.

Examples

Problem solving

Effective communication

Presentations

1. Proper game management

Protocol for athletic contests

Health and safety of all participants.

1. Evaluation of life skill of becoming a certified official would be a viable option individually for student.
2. Rules and applications of the following sport games:

Soccer

Basketball

Baseball/softball

Men’s lacrosse

Women’s lacrosse

1. How to connect with local sports agencies/boards to become a certified official:

Recruitment days

Presentation days

Practice exams for sport(s) of choice.

1. NFHS Exam 1
2. NFHS Exam 2
3. NFHS Exam 3
4. Interview Presentation
5. League Safety Protocol In regard to Fan, Player, Coach, Officials.
6. Rule Changes
7. How to handle conflict and administer in game situations correctly.