**Mohawk Valley Community College**

**Utica and Rome, New York**

**Course Outline**

**RE 100--INTRODUCTION TO RECREATION**

**COURSE DESCRIPTION: C-3, P-0, Cr-3**

This course introduces the history, theory, and philosophy of the recreation movement and its relation to individuals and the groups in our changing society. Emphasis is placed on an orientation to recreation as a vocation within the structure of community recreation (governmental, public, and commercial).

**Student Learning Objectives**

1. Students will demonstrate knowledge of the general history and theory of the leisure/recreation movement and its impact on current and future leisure/recreation programming.
2. Students will formulate their personal philosophy and theory of the leisure/recreation movement and it’s impact on current and future leisure/recreation programming.
3. Students will demonstrate knowledge of the recreation "profession" and construct a variety of career opportunities in the public, quasi-public and commercial areas.
4. Students will be able to analyze the impact of current and future Social, Health trends on the leisure service industry.
5. Students will be able to analyze the impact of current and future Environmental trends on the leisure service industry.
6. Students will be able to analyze the impact of current and future Economic trends on the leisure service industry.

**Major Topics:**

* Recreation, leisure, play and sport in the modern society
* Philosophical analysis of play
* Philosophical Themes
* Mass Leisure
* Leisure & the Life Cycle
* Brief History in Recreation
* Basic Concepts of Organized Recreation
* Delivery of Leisure Services; Local Government
* Delivery of Leisure Services; State Government
* Delivery of Leisure Services; Federal Government
* Non-profit
* Therapeutic Recreation
* Commercial Agencies